



**CLIENT INFORMATION BEFORE SEEING  
DR ROSY DANIEL BSc MBBCh  
INTEGRATED MEDICINE CONSULTANT  
at Bailbrook House, Bath**



Thank you for your interest in seeing Dr Rosy Daniel at Bailbrook House. Dr Daniel offers holistic health services to promote health, well-being and quality of life for all her clients and medical counselling to provide information about healthcare choices and improve the coping skills of those with cancer.

### **What Dr Daniel offers**

Dr Rosy Daniel offers Integrated Medicine services for help with all medical conditions, particularly cancer, and will:

- Support you through your reaction to diagnosis, helping you to set up your support network at home.
- Help you understand your condition and medical treatment options on offer to help you choose what is absolutely right for you.
- Help you to minimise the side effects of treatment through the use of complementary medicines.
- Help you to review your self-help therapeutic options.
- Create an individualised self-help programme for you built around your unique circumstances and needs to help you regain your strength, health, and peace of mind.
- Start you on a proactive Health Creation Programme with telephone Mentor support, to get you feeling strong and back in charge of your health and happiness.

### **The Consultation**

The consultation can be face to face in Bath or by telephone if you are unable to make the journey. During the consultation, which lasts for 55 minutes, Dr Daniel will:

- Take your personal history,
- Give you medical counselling,
- Form with you your personalised programme

After 45 minutes she will use the last ten minutes of your session to draw together an individualised type-written programme including all that you have decided upon. You will leave with:

- Your personal programme
- Information on where to get all the support, therapy, nutritional supplements or second opinions mentioned in your session
- Handouts on special diets recommended
- Information about receiving support from a Health Creation Mentor

**Please bring** A photo of yourself to your first appointment if possible, so that this can be placed in your notes. This is really helpful if you need to have future telephone appointments.

Access to the clinic Please note that there is a short flight of stairs to Rosy's practice. If you have difficulty with stairs please advise in us advance so that we can book an alternative space on the ground floor for your consultation.

### **Follow-up appointments and phone-ins**

At the end of the consultation you will be invited to make a 30-minute follow up appointment so that Dr Daniel can follow closely your progress and assess the benefit with you of your Personal Programme, making adjustments over time as required to further improve your health and well-being. In between appointments, if required, you may book a 15-minute phone-in slot via Dr Daniel's helpline on 01225 745757 to discuss any new issues that may arise needing urgent help. Rosy does not consult via email and this should be used purely for sending reports.

### **To book an appointments call Dr Daniel's Health Creation Helpline on 01225 745757**

The fee for the initial appointment is £160; Thirty minute follow up is £80; and Fifteen minute phone-ins are £40.

**Payment** We prefer to take payment at the time of booking. In the event of cancellation, fees are either carried forward or refunded. Card payments can be taken electronically in person or over the phone. Debit Card transactions are free but Credit Card transactions will carry an extra 2% streamline processing cost of £3.00.

**Cancellations** We are very sensitive to your medical needs and will re-schedule your appointment if cancelled due to a medical emergency. For all other cancellations we require a minimum of 1 working days notification. This means cancelling by 5pm on the Thursday preceding a Monday clinic and 5pm Friday preceding a Tuesday clinic. Dr Daniel has a waiting list and this allows us to give other people the opportunity to come sooner. Please note that without this level of notice we will have to charge you for the missed appointment.

**For further information about Dr Daniel and her work see [www.healthcreation.co.uk](http://www.healthcreation.co.uk)**

Dr Daniel is registered with the General Medical Council, registration number 2829308. To see her CV or brief biography see 'Dr Rosy Daniel' within the Health Creation website.

### **Please be aware of the boundaries of the Integrated Medicine Doctor role...**

It is important to understand what an Integrated Medicine Doctor does and does not do. Dr Daniel will provide consultant advice about forming your personal health promotion programme. Thereafter, she will follow your progress closely and work with you over time to find all possible ways of improving your health, energy and well-being. Dr Daniel is not an oncologist (cancer specialist) and will not take on the medical treatment of cancer, the responsibility for which remains with your medical team at home. Your medical screening and investigation of any new symptoms must also be arranged through your existing medical team too. The progress of your Health Creation work with Rosy can then be assessed against your routine medical scans and tests.

Dr Daniel does not provide an emergency out of hour's service and your acute medical needs must always be taken to your normal GP or hospital consultant. She will, however, be your health advocate, empowering you to get the very best of all health options, orthodox, complementary, psycho-spiritual and self-help.

Dr Daniel does not routinely write to your doctors about your consultation and self-help programme out of respect for your privacy and confidentiality in this sensitive matter. However, she is happy to do at your request if this would be helpful.

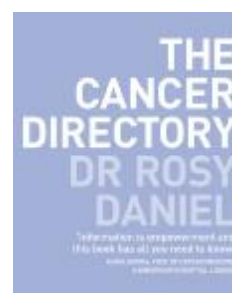
### **Travel and Accommodation**

Bailbrook House is a 3 mile taxi ride from Bath station. It has 3 star accommodation and food is also available, for bookings call - 01225 855100. A map can be found on [www.bailbrookhouse.co.uk](http://www.bailbrookhouse.co.uk). For those needing B + B accommodation we have heard that Marlborough House in Bath is good and provides vegetarian and vegan food - 01225-318175. Up-market accommodation is available at the excellent Priory Hotel, the Royal Crescent Hotel and Bath Spa Hotel. Many other possibilities can be found on the website: [www.visitbath.co.uk](http://www.visitbath.co.uk)

**Preparing for your consultation –** if you have cancer, you may wish to prepare more fully for your consultation and wish to explore via:-

1. The Health Creation 'Introductory Pack' – Price £25
2. Rosy's book 'The Cancer Directory' – Price £16.99
3. Rosy's self help kit 'The Cancer Lifeline Kit' – Price £150

**These are all available from the Health Creation Helpline on 01225 745757:-**



#### **The Introductory Pack comprises**

- The 'Message of Hope' – video giving inspiring examples of others who have regained their health and inner strength through the holistic approach to health.
- The 'Cope Positively with Cancer Treatment' - audio CD to give you immediate relaxation and comfort.
- The 'Picture of Health' - self-assessment exercise to work out your starting place in your self-help programme

## **Pre – Consultation preparation for those with other conditions**

**If you do not have cancer**, we recommend that you get the Picture of Health self-assessment exercise (see above) from the Helpline, to form a good basis for discussion of your current health, lifestyles and the problems you are currently experiencing. This can also be done online at [www.healthcreation.co.uk](http://www.healthcreation.co.uk).

## **Terms and conditions on Health Creation products and services**

All items ordered via the Health Creation Helpline (01225 745757) or website [www.healthcreation.co.uk](http://www.healthcreation.co.uk) will carry an extra charge for post and packaging. If you are not happy with any of the products you may return the goods within two weeks of purchase in perfect condition and claim a full refund.

**We look forward to being of service to you and wish you all power in your health creation process!**

**If you have any further queries, or would like to book an appointment, please ring the helpline on 01225 745757**